



## Cleveland District Spring Meeting, Garden Club of Ohio

May 17, 2023

Woodside Event Center at St. Michael's, 5025 East Mill Road, Broadview Heights, OH 44147

**9:30 AM Registration**

**10:00 AM Meet and mingle with GCO President Kathy Wagner** (all members invited)

**10:30 AM Horticulture Program: "The Culture of Tea" by Ruth Narendran.** Ruth has first hand 'tea' knowledge as she was raised in her family tea business, learning picking to exporting, in a British Colony on the island of Sri Lanka. Her father was a tea merchant and exporter and her brother became a tea taster. As an adult living in the UK, she discovered their fascination with consuming tea and its health benefits. She hopes to convert more Americans to drinking tea as a form of relaxation. Ruth is a member of Highland Heights Garden Club.

**11:30AM Announcements followed by Noon Luncheon menu of** Woodside Signature Salad, Apricot Chicken (GF), Roasted New Potatoes, vegetable, dessert, coffee, tea, iced tea. Vegan/vegetarian option is Moroccan Pepper with Rice noodles.

**1:00 PM Design Program: "The Way of the Flower: Ikebana as a Spiritual Path" by Kathie Houchens.** Kathie explains that Ikebana is more than decorative. It is a spiritual process to help one develop closeness with nature and merge the indoors and outdoors. Kathie has many talents . She designs for the Columbus Museum of Art's annual Art in Bloom Show and at the Franklin Park Conservatory in the Ikebono, O'Hara and Sogetsu schools. She is a professional organist, has a Master's degrees in French and is a retired Ohio State instructor of Spanish. She is a member of Serendipity Garden Club.

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**Cost: \$36.00** for members and guests. **Deadline is May 3, 2023.** Make checks payable to GCO Cleveland District and

Mail to: **HELEN VLADIC, 1342 Penhurst Rd, Cleveland, Ohio 44110** phone 216-481-0894

NUMBER ATTENDING: \_\_\_\_\_ x \$36.00 = Amount Enclosed \_\_\_\_\_ Use back of form for additional names.

Garden Club \_\_\_\_\_

Attendee names(s) \_\_\_\_\_ Chicken \_\_\_\_\_ Vegan \_\_\_\_\_

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